

DRESSINGS

Signature Slaw



BAY VALLEY
F O O D S

Signature Slaw

40 Servings (4 oz. each)

INGREDIENTS:

Green cabbage, shredded

Carrots, shredded

Red cabbage, shredded

Rod's® Coleslaw Dressing

AMTS:

10 lb.

8 oz.

8 oz.

1/2 gal.

PROCEDURE:

Combine cabbage, carrots, red cabbage, and dressing in large bowl; mix well.

Cover and refrigerate until well chilled.

NUTRITION (Per serving)

260 calories

2 g protein

22 g carbohydrate

3 g fiber

18 g fat

2.5 g saturated fat

15 mg cholesterol

510 mg sodium

CHEF'S TIP:

· Add pineapple tidbits, chopped apples, Mandarin oranges, raisins, or nuts to create signature slaws.



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