

DRESSINGS



Chunky Bleu Strip Steak



BAY VALLEY
F O O D S

Chunky Bleu Strip Steak

1 Serving

INGREDIENTS:

Rod's® Chunky Bleu Cheese Dressing

Horseradish

Boneless strip steak

AMTS:

2 oz. (1/4 cup)

1 Tbsp., or to taste

1 (6 to 8 oz.)

PROCEDURE:

Combine dressing and horseradish to taste in small bowl.

Grill or broil steak to desired doneness.

Top steak with dressing mixture and serve immediately.

NUTRITION (Per serving*)

510 calories

30 g protein

5 g carbohydrate

0 g fiber

39 g fat

9 g saturated fat

130 mg cholesterol

740 mg sodium

*made with 6 oz. boneless strip steak and 1 Tbsp. horseradish

CHEF'S TIP:

• Serve additional dressing on the side.



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