



PICKLES & PEPPERS

Hot Pepper
and
Cheese Pizza



Hot Pepper and Cheese Pizza

Appetizer: 2 Servings

INGREDIENTS:	AMTS:	PROCEDURE:	NUTRITION (Per serving)
Pizza sauce	1 cup	Preheat oven to 450°F.	337 calories
Pre-made pizza crust	1 12-inch	Spread pizza sauce over pizza shell to within 1 inch of the edge.	19 g protein
Grated mozzarella cheese	1 cup (4 oz.)	Sprinkle on cheese and arrange pepper rings over pizza.	33 g carbohydrate
Bay Valley Foods® Hot Banana Pepper Rings, drained	1/2 cup (2 oz.)	Bake for 10 minutes or until cheese is melted.	4.5 g fiber
Bay Valley Foods® Hot Cherry Pepper Rings, drained	1/3 cup (2 oz.)		16 g fat
			7 g saturated fat
			0 g trans fat
			30 mg cholesterol
			1942 mg sodium



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