

PICKLES & PEPPERS

**Cajun
Hot Pepper
Potato Salad**



BAY VALLEY
F O O D S

Cajun Hot Pepper Potato Salad

13 Half-Cup Servings

INGREDIENTS:

Red potatoes, cooked, peeled (if desired), and cut into chunks

Bay Valley Foods® Hot Banana Pepper Rings

Bay Valley Foods® Sweet Pickle Relish

Green onions, sliced

Mayonnaise

Mustard

Salt

Dried thyme, dried basil, anise seeds, cayenne pepper, and fresh ground pepper

AMTS:

2 1/2 lb.

1/2 cup (3 oz.)

3 Tbsp. (1.5 oz.)

1/4 cup (1 oz.)

1 cup

1 Tbsp.

1 tsp.

1/4 tsp. each

PROCEDURE:

In a large bowl, place potatoes, pepper rings, relish, and onions.

In a small bowl, stir together mayonnaise, mustard, salt, and remaining spices.

Toss dressing with potato mixture.

Chill and garnish with additional banana pepper rings.

NUTRITION (Per serving)

205 calories

1.5 g protein

19 g carbohydrate

1.5 g fiber

14 g fat

2 g saturated fat

0 g trans fat

6 mg cholesterol

419 mg sodium



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